Dear Practice, I provide care to someone who could not cope without me. The care I give is unpaid.

In recognition of this important role Nottinghamshire/Nottingham local authorities, ICB's and the Carers Hub are encouraging all practices to register carers known to their practice and any new carers identified within the practice.

Please use one of the codes below to record me as a carer:
To understand the definition of a carer, see below

SNOMED Code	Description	Definition
224484003	Patient is themselves providing care.	Person who provides unpaid care for a family member, partner or friend who requires support due to their illness which could be one or more of the following: frailty, physical disability, learning disability, mental health illness or Alcohol/substance dependant therefore support.
302767002	Cares for a relative.	Person who provides unpaid care for a family member, due to their illness which could be one or more of the following: frailty, physical disability, learning disability, mental health illness or Alcohol/substance dependant therefore support.

I would like to know who the carer champion is within my practice, including information on what a carer champions role is:

What benefits as a registered unpaid carer will my practice offer me?
(example, flexibility with appointments, health checks etc)

Nottinghamshire County Council
Nottingham City Council
NHS Nottingham and Nottinghamshire
Carers Hub Service

Carers Name: _____ DOB: _____

Address: _____

Signature: _____ Date:_____

I give consent for a copy of this letter to be stored with my GP practice

NB: this is ONLY to be given to your GP practice – do not share this information with anyone else.

Nottinghamshire County Council

Nottingham City Council

NHS Nottingham and Nottinghamshire

Carers Hub Service